



Stitchin' Post Creations

Counted Cross Stitch ePatterns



Patchwork Friends Bookmarks

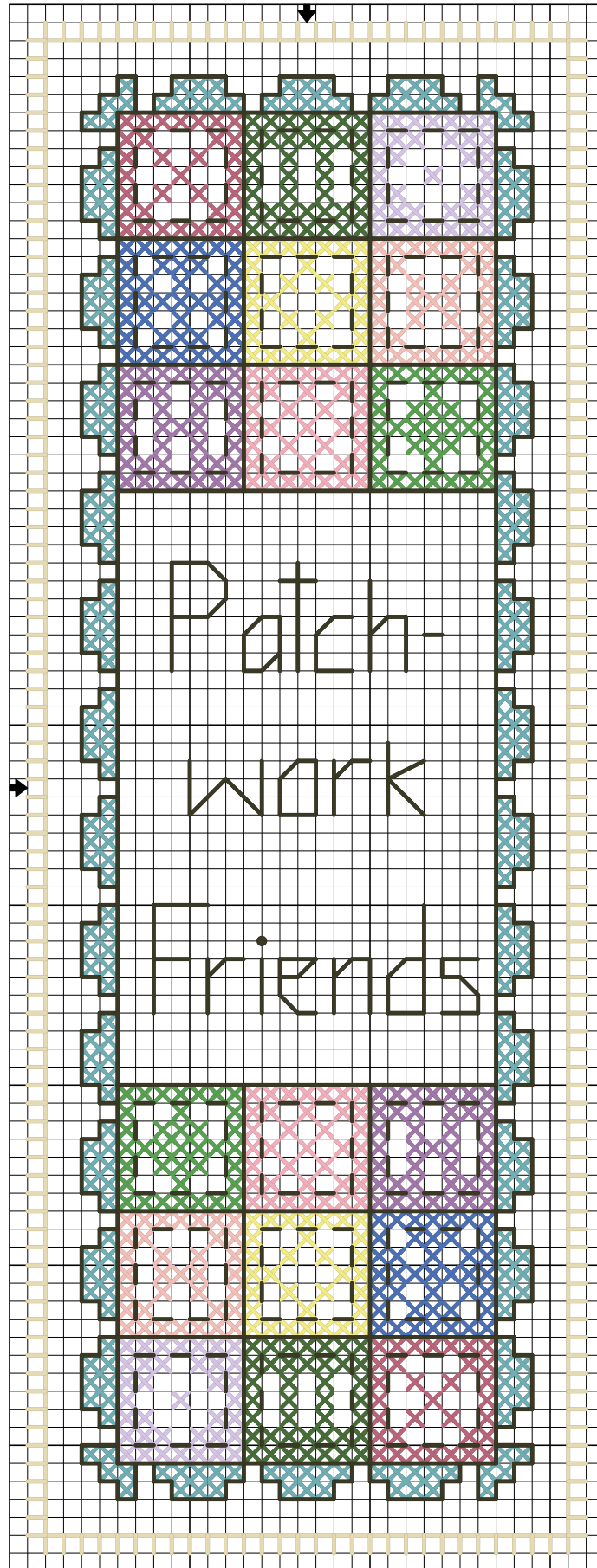
by Sharon Lomo

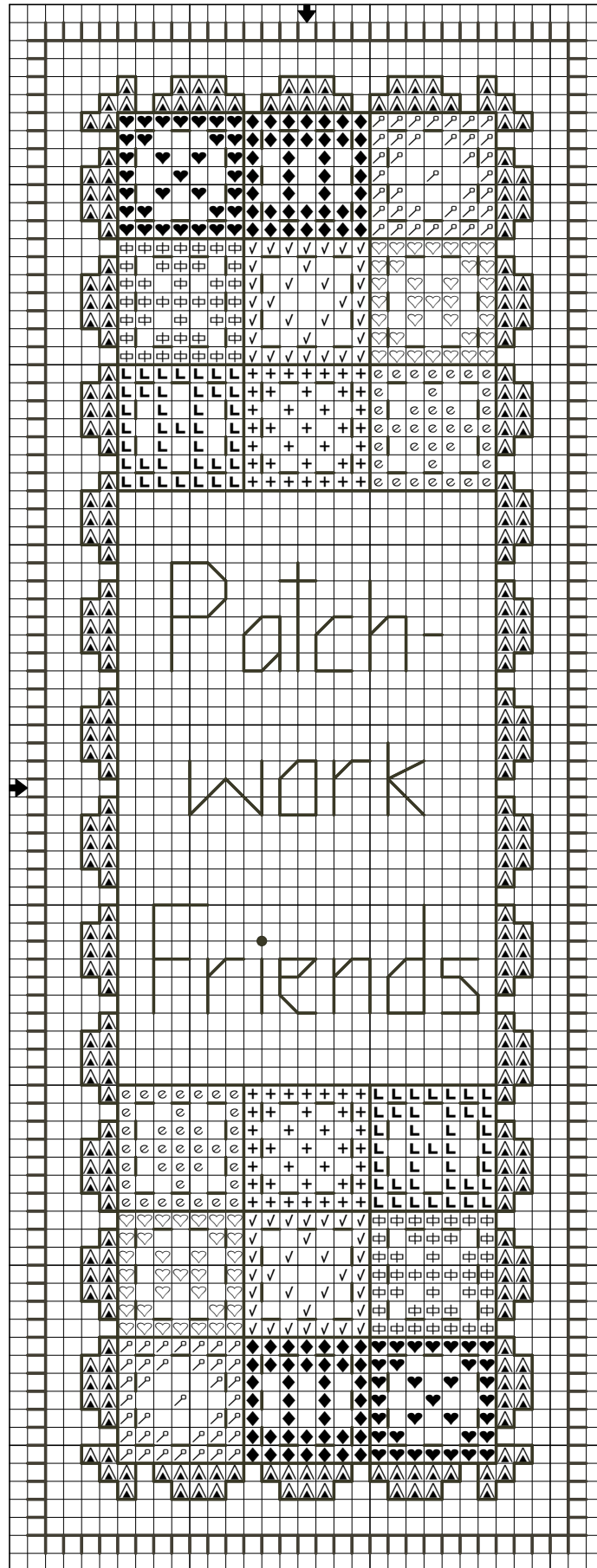
Finished size: 2" x 6.5" (5.08 cm x 16.51 cm)

ePattern contains:

- * Colored package label
- * Stitching chart
- * Complete stitching & finishing instructions
- * Supply shopping list

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Patchwork Friends Bookmarks

Finished sizes: 2" x 6.5"

(5.08 cm x 16.51 cm)

designed by Sharon Lomo ~ Stitchin' Post Creations

Materials Required

- DMC floss in the colors shown in the "Color List". Yardage used is shown following the color number. A skein of DMC floss contains 8.7 yds. or 8 m.
- 1 piece (6" x 10.5") of 14-count Ivory Aida Cloth.
- Tapestry needles, scissors, and embroidery hoop or frame.

General Instructions

- Find the center of the fabric by folding it in half lengthwise and then crosswise. Pinch the fabric along the folds. The center is at the intersection of the folds. Mark with a pin.
- Follow the arrows on the outer edges of the chart inward; the point of intersection indicates the center of the chart. Mark this with a pencil for reference. Match this mark with the center of the fabric as instructed above. Begin stitching here. This will ensure the completed design is centered on the fabric.
- A "strand" of embroidery floss consists of six "plies". Separate the floss into the number of plies listed in the following "Color List".
- Each square on the chart indicates one stitch. Blank squares are left unstitched. **Bold** lines indicate backstitching. **Bold** dots indicate French knots. **Bold** lines around border of charts indicate placement of Nun's Stitch. Symbols in the "Color List" correspond to the chart symbols.
- DO NOT knot the floss. Leave a 1" "tail" on the back side, holding it down with your finger while you stitch over it. This will secure the floss. To end, carry the needle under 4 or 5 stitches on the back side. Clip.
- Wash your hands frequently to prevent soiling the fabric.

Detailed Instructions

- All cross stitches are worked with 2-plies of floss in the colors indicated by the symbols on the stitching chart.
- Lettering is backstitched with 2-plies #3371 Black Brown.
- French Knot is made with 2-plies #3371 Black Brown.
- All other backstitching is done with 1-ply #3371 Black Brown.
- Running stitch used inside the quilt blocks is worked with 1-ply #3371 Black Brown.

Finishing Instructions

Nun's Stitch is used around the border of the design on both bookmarks to prevent the fringe from unravelling. This is worked with 1-ply Ecu.

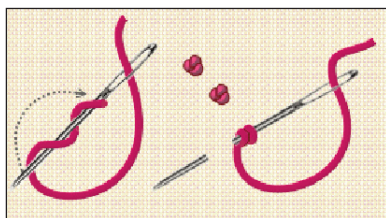
Trim the completed bookmarks 5 rows away from the outer edge of the Nun's Stitch border on the top and bottom and next to the edge of the border on both sides being careful not to cut into the Nun's Stitch.

Pull the threads out on the top and bottom 5 rows, all the way to the edge of the Nun's Stitch, to form fringes. Refer to photo.

Stitches Used

French Knot

Bring your needle up through the fabric as indicated by the **bold dots** on the pattern chart. Wrap the floss twice around the point of the needle and insert the needle back into the fabric about 1 or 2



threads away from the original hole. Keep the wraps pulled snug at the base of the floss as you pull the needle and floss through to the back to insure your knots are nice and round, not sloppy.

Color List

DMC floss in the following colors

Symbol	Plies	Color #	Yds.	Color Name
	2	211	1	Lavender
	2	553	1	Violet
	2	597	2	Turquoise
	2	702	1	Kelly Green
	2	727	1	Yellow
	2	761	1	Salmon
	2	798	1	Delft Blue
	2	3345	1	Hunter Green
	2	3687	1	Mauve
	2	3716	1	Light Dusty Rose

Backstitches:

1-2	3371	1	Black Brown
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French Knot:

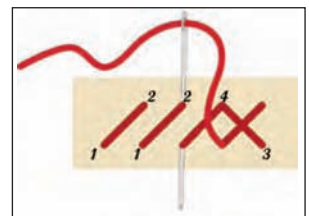
2	3371	see above	Black Brown
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Nun's Stitch:

1	Ecu	1	Ecu
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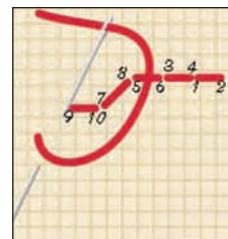
Cross Stitch

Work from **left to right**, bringing your needle up at **1**, down at **2**, up at **1**, down at **2**, etc. until you have reached the end of the row. Next, work from **right to left**, up at **3**, down at **4**, etc. across row, crossing the stitches to create an "X". All top stitches should lie in the same direction.



Backstitch

Using the bold lines on the chart as a guide, backstitch using a one stitch backward, two stitches forward motion as in the diagram. Bring your needle up a **1**, down at **2**, up at **3**, down at **4**, etc. This will form an outline that will define the cross stitch design. Use diagonal backstitches where indicated on the pattern chart.



Nun Stitch

A good border to keep cross stitch fabric from fraying, the nun stitch is worked over one square of Aida cloth or two threads of linen and consists of two horizontal stitches and two vertical stitches. Work toward yourself remembering a little chant as you stitch; "one-two, change direction, one-two, change direction", following the direction of the lines on the pattern chart. The needle changes direction on the second stitch each time. The **blue line** on the diagram indicates a trim line. If you want to make a fringe, trim 5 or more rows away from the nun stitch and pull out the excess threads.

